

KW/LW

9th November 2022

Dear Parent/Carer

City Schools Cross Country Championships 2022 (Year 7)

Your child has been selected to represent RRMA in this year's city schools cross country championships at Austin Friars School, Carlisle on Thursday 17th November 2022. They will leave school at 12.45 pm and return at approximately 3 pm provided there is no over-run. The first race will start at 1.30 pm.

Your child will need to bring with them:

- Plenty of drink (preferably water)
- Full PE Kit as these are the team colours
- Running spikes, football boots or trainers
- Waterproof/Warm Jacket
- Inhaler if asthmatic
- Packed Lunch

Please return the slip below to me by Tuesday, 15th November 2022.

If you have any queries, please don't hesitate to contact me at the Academy.

Yours sincerely

X Wilson

Mr Karl Wilson Subject Leader of Physical Education

Permission slip: To Mr Wilson, Subject Leader of PE

City Schools Cross Country Championships (Year7) 2022

I give/do not give* permission for my child: to attend the City Schools Cross Country Championship on Thursday, 15th November 2022. * Please delete where applicable

I can confirm that medical and contact information are as currently held by the school.

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